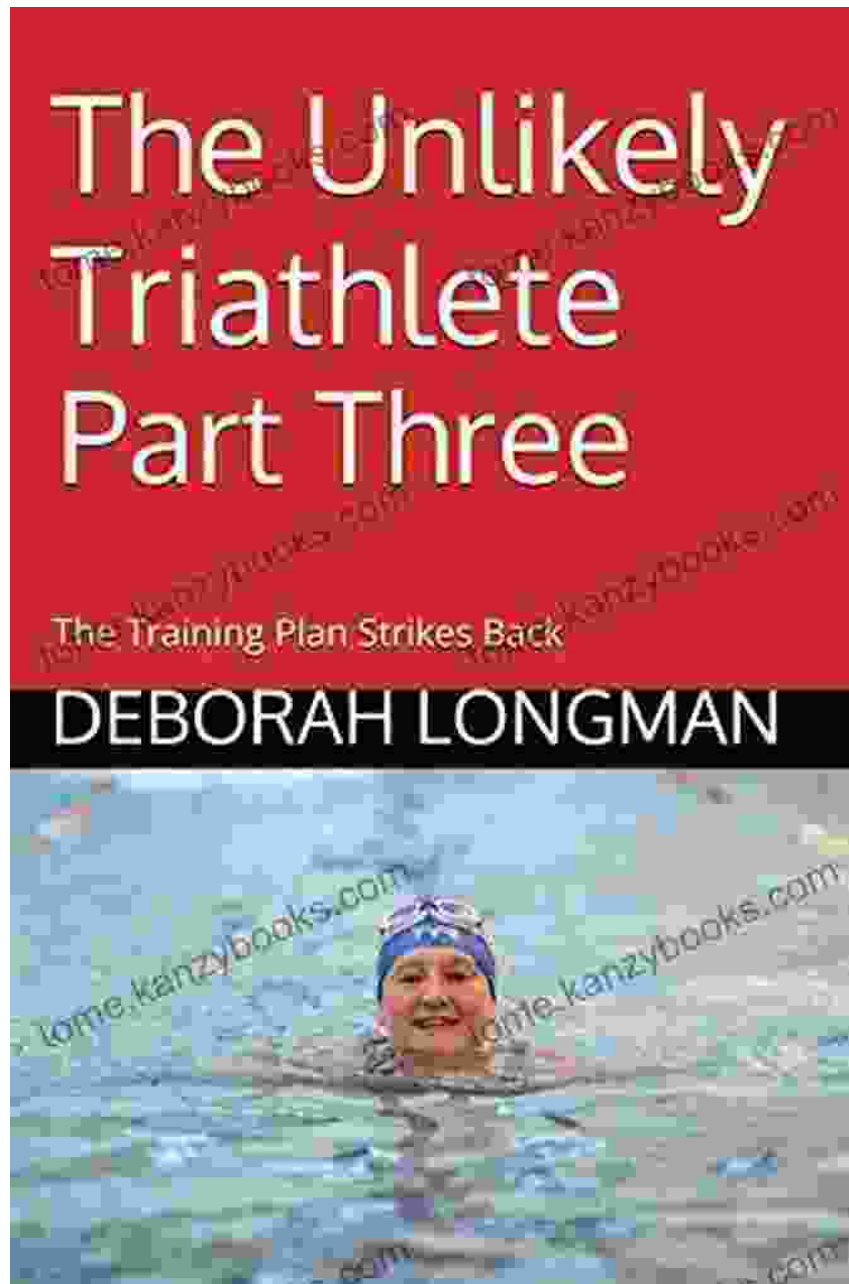


The Unlikely Triathlete Part Three: Embracing the Extraordinary Within

From Dreaming to Believing



In the third installment of the beloved The Unlikely Triathlete series, award-winning author and adventure enthusiast Brad Kearns shares the thrilling

continuation of his transformation from a self-described "couch potato" to an accomplished endurance athlete.



The Unlikely Triathlete Part Three: The Training Plan

Strikes Back by Deborah Longman

★★★★☆ 4.7 out of 5

Language	: English
File size	: 1460 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 77 pages
Lending	: Enabled



Join Brad as his journey takes a profound turn, leading him to embrace the extraordinary within himself. Through vivid storytelling and insightful reflections, Brad reveals the secrets to conquering your inner doubts and unlocking your true potential.

Aspirations to Ironman Finisher

Once a mere aspiration, the daunting task of completing an Ironman triathlon becomes a tangible goal as Brad sets his sights on the iconic event. With determination and unwavering belief, he delves into rigorous training, navigating setbacks and triumphs alike.

Brad's story is a testament to the power of setting audacious goals and pursuing them relentlessly. Through his journey, he inspires readers to question their own limitations and embrace the possibilities that lie beyond.

The Alchemy of Inspiration

The Unlikely Triathlete Part Three is not just a sports memoir, but a transformative guide that unravels the alchemy of inspiration. Brad shares practical strategies for:

- Overcoming self-limiting beliefs
- Igniting motivation and staying the course
- Developing mental toughness and resilience
- Harnessing the support of community

Through Brad's experiences and insights, readers discover the path to achieving their own extraordinary feats, whether in the realm of athletics, personal growth, or any other endeavor.

A Thrilling and Unforgettable Ride

The Unlikely Triathlete Part Three is a captivating and inspiring read that will ignite your own inner flame. Brad's journey is a reminder that anything is possible when you dare to believe in yourself and take that first step.

Join Brad on this exhilarating ride of transformation and discover the limitless potential within you. Free Download your copy of The Unlikely Triathlete Part Three today and embark on your own extraordinary journey.



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