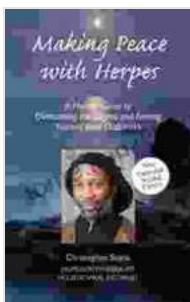


Making Peace with Herpes: A Comprehensive Guide to Understanding, Managing, and Embracing Your Diagnosis

If you've been diagnosed with herpes, you're not alone. Herpes is one of the most common sexually transmitted infections (STIs) in the United States, affecting an estimated one in six people. While there is no cure for herpes, there are effective treatments that can help to manage the symptoms and prevent outbreaks.



Making Peace with Herpes by Deborah J. Cornwall

★★★★☆ 4.5 out of 5

Language : English
File size : 773 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 146 pages
Lending : Enabled



Making Peace with Herpes is the ultimate guide to understanding, managing, and embracing your herpes diagnosis. Written by Deborah Cornwall, a leading expert in the field, this book provides comprehensive information on all aspects of herpes, from its symptoms and transmission to its treatment and management.

In this book, you will learn:

- The different types of herpes and how they are transmitted
- The symptoms of herpes and how to recognize an outbreak
- The different treatment options for herpes and how to choose the right one for you
- How to manage the emotional and psychological impact of a herpes diagnosis
- How to live a full and healthy life with herpes

Making Peace with Herpes is an essential resource for anyone who has been diagnosed with herpes. This book will help you to understand your diagnosis, manage your symptoms, and embrace your life with herpes.

About the Author

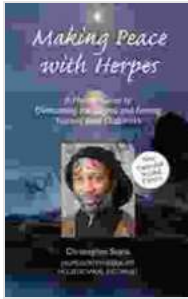
Deborah Cornwall is a leading expert in the field of herpes. She is the founder and director of the Herpes Resource Center, a non-profit organization that provides information and support to people with herpes. She is also the author of several books on herpes, including *Making Peace with Herpes* and *The Herpes Handbook*.

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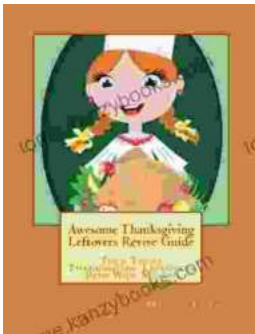
Making Peace with Herpes is available in paperback, hardcover, and e-book formats. Free Download your copy today and start living a full and healthy life with herpes.

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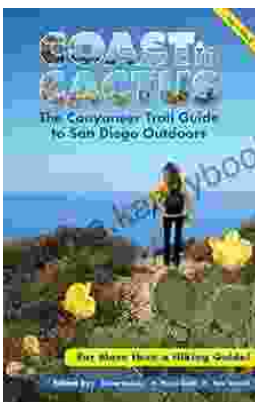


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